

# Training of Trainers Course (All Day) Outline

## A. Course Objectives

As a result of this "Training the Trainers" course, participants will be able to:

1. Identify Suicide Risk Indicators.
2. Develop a working knowledge of effective suicide prevention techniques in a jail setting.
3. Demonstrate the ability to use Active Listening Techniques.
4. Articulate an understanding of current legal and liability concerns.
5. Develop a Suicide Prevention Card for the Correctional Facility, and demonstrate an awareness of how to effectively implement this as a key part of the facility's Suicide Prevention Plan.
6. Be familiar with the "New York Officer's Handbook", and what resources are available on the Internet as provided.

## B. Course Outline

### 1. Introduction

#### > Review the course objectives.

- Orientation to the Suicide Prevention Course materials, i.e., open and read the DVD and CD package; look through the CD and become familiar with the contents which are provided as print-outs for this all-day course.

#### > View Vignette #1: "John Foster" (18:37)

- Read "Facility Staff Training (One Hour Classes)" and thoroughly review the materials.

#### > View Vignette #2: "Cherie & Tanassa" (9:24)

- Read and discuss the "Suicide Prevention in Jails" PowerPoint.

#### > Take a Break

#### > View Vignette #3: "Ramiro" (17:33)

- Read and discuss the "Active Listening" PowerPoint.
- Have participants role play in-custody related suicide prevention circumstances and practice Active Listening techniques.

#### > View Vignette #4: "Larry" (10:52)

- Read and discuss the "Liability" article.
- Read "The New York Officer's Suicide Prevention Handbook" and discuss strategies of how this handbook can be distributed to the facility staff who are taking the one-hour class, and how the NY Officer's Handbook could be utilized in the facility.





> Lunch Break

> **View Vignette #5: "James and Jill" (14:13)**

- Break into workgroups and discuss:
  - ◊ What are the Suicide Prevention Policies and Procedures at your facility? Are there any changes/improvements that you would recommend?



> **View Vignette #6: "Ellie" (18:34)**

- Read "Suicide Prevention Card"
- Break into workgroups and discuss:
  - ◊ How to collaboratively develop a Suicide Prevention card.
  - ◊ How to strategically implement a Suicide Prevention card.
  - ◊ How to effectively enlist the Sheriff's Management support.
  - ◊ Discuss medical issues: Hypoxia and Anoxia.



> Take a Break

> **View Vignette #7: "Yan Dongting" (16:55)**

- Review "Facility Staff Training (One Hour Classes)," including the "Suicide Risk Indicators," "Best ways to respond," and "Indicators that might be present but were not in the Vignette."
- Break up into small groups and practice conducting the One Hour Facility Staff Training class.
- Have different trainees teach and lead discussions on different sections of the One Hour class.
- Model how to deal with cynical respondents.
- Review the Board of Corrections' STC requirements to credit each custody participant in attendance of the One Hour classes.



> **Conclusion and Wrap-Up**

- Review the course objectives and materials presented.
- Review the DVD Vignettes.
- Encourage further learning and suggest other resources.
- Suggest that trainers develop a supportive network of fellow Suicide Prevention Trainers and a forum to deal with common, yet challenging issues, including suicide attempts or completions that may occur following this training.